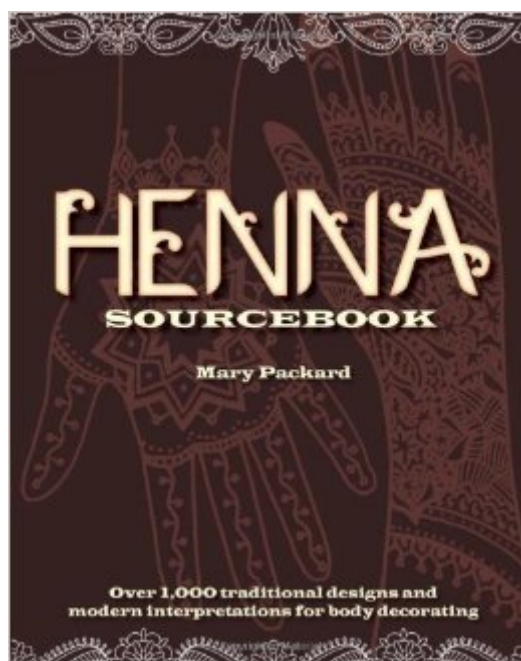


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# Henna Sourcebook: Over 1,000 Traditional Designs And Modern Interpretations For Body Decorating



## Synopsis

No one knows for sure when henna was first used for skin decorating, but traces of henna have been found on mummies in Egypt and on cave painting in India dating back thousands of years. While this tradition is still widely used in India, Africa, the Middle East, and Asia, it is now gaining popularity throughout the Western world as well. Rooted in the belief that those whose skin is adorned with henna are blessed with good fortune, henna is often associated with rights of passage—coming of age, marriage, and childbirth. Holidays and festivals are times when women and girls decorate their hands and feet, and henna patterns are sometimes unique to these occasions. In some cultures, a bridegroom may be decorated the night before a wedding as well. It is increasingly common for henna parties to be held in the United States, sometimes at weddings, birthday parties, and baby showers—and sometimes just for fun. Henna patterns are seen adorning pop icons like Madonna, Demi Moore, and Prince, and henna artists are becoming an increasingly common sight at street fairs and shops as a temporary and painless alternative to tattoos. Design motifs are included from many different cultures, with background information provided about the symbolism of the designs and motifs.

## Book Information

Paperback: 224 pages

Publisher: Race Point Publishing (October 1, 2012)

Language: English

ISBN-10: 1937994082

ISBN-13: 978-1937994082

Product Dimensions: 8.2 x 0.8 x 10.5 inches

Shipping Weight: 1.8 pounds

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (19 customer reviews)

Best Sellers Rank: #591,238 in Books (See Top 100 in Books) #164 in [Books > Arts & Photography > Other Media > Body Art & Tattoo](#) #4136 in [Books > Politics & Social Sciences > Anthropology > Cultural](#) #5504 in [Books > Arts & Photography > Drawing](#)

## Customer Reviews

I loved the brief history of henna in the book, but the pictures are more than worth the money. I use the pictures for all sorts of things, I got some tracing paper and love to trace designs out of this book. I have used my designs for henna as well as my wood working and painting. GREAT BOOK! So many different types of pictures, from traditional India, to Egypt and native american, ancient

persian and even celtic works of art!

This is a joke. I am VERY disappointed. As spending 15 year of my life as a Graphic Designer before becoming a body artist, I can say I have seen MANY of these clip art pieces in various books, and collections. I just cannot believe this author and really would try to pass this off as having anything to do with the history and traditional of henna or mendi. Very few of the designs are actually usable in henna. some of them I guess you COULD manage to do but it would take hours. Part of having ACTUAL henna designs, is they are designed to do fast. I have found more useful designs cruising the internet, than in this book. The only reason its so expensive is that the clip art is printed in embossed metallic cooper so it's looks shinny. Don't be fooled by the shine. I wasn't looking for shiney pages. I wanted content. I don't trust that information in this book is accurate or valid. I've found way better designs off of . I will be returning this book.

An excellent source of henna designs. I've marked so many pages for future use that I ran out of sticky tab thingies, lol. Beautiful designs in a matte gold color, all organized by region and type. I recommend this for anyone looking for inspiration for their henna designs. FYI: the gold color of the designs is dark enough to be copied. I do that so I don't have to carry the entire book with me.

I really love this book! Super visual, and beautifully printed. A very handy resource for inspiration and reference!

I think I paid a dollar for the book and 4.00 shipping so awesome for a 5.00 book. Great quick reference book for designs and quick recipe. 4 stars because I was hoping for more designs. NOT an in depth book, just a quick reference guide.

An extraordinary book which I could not put down. Fascinating story; if biographical, bravo for the author. What a life was led by this woman who managed to survive through traumas which would be capable of destroying any woman of less character and strength.

This is a Beautiful book!!

If I could give this 10\*'s I would!! Great seller, great book!

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